



OFFICIAL NEWSLETTER OF ASBASJSM COLLEGE, BELA  
ROPAR

## VISION IQAC BELA

Vol. III 9January, 20201-december, 2021)

### ਸੰਦੇਸ਼ ਮਾਨਯੋਗ ਵਾਈਸ ਚਾਂਸਲਰ

ਮੈਨੂੰ ਇਹ ਦੱਸਦਿਆਂ ਬਹੁਤ ਖੁਸ਼ੀ ਹੋ ਰਹੀ ਹੈ ਕਿ ਅਮਰ ਸ਼ਹੀਦ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੁਝਾਰ ਸਿੰਘ ਮੈਮੋਰੀਅਲ ਕਾਲਜ, ਬੇਲਾ ਦੇ ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਐਸ਼ੋਰੈਂਸ ਸੈੱਲ ਨੇ "ਵਿਜ਼ਨ ਆਈ.ਕਿਊ.ਏ.ਸੀ ਬੇਲਾ" ਦਾ ਮੌਜੂਦਾ ਅੰਕ ਪ੍ਰਕਾਸ਼ਤ ਕੀਤਾ ਹੈ, ਜਿਸ ਵਿੱਚ ਉਹ "ਵਿਜ਼ਨ 2030" ਦੀ ਕਲਪਨਾ ਕਰਦੇ ਹਨ। ਅਕਾਦਮਿਕ ਪੱਖ ਤੋਂ, ਮੇਰੀ ਅਭਿਲਾਸ਼ਾ ਭਾਰਤ ਦੀਆਂ ਉੱਚ ਸਿੱਖਿਆ ਸੰਸਥਾਵਾਂ, ਜਿਨ੍ਹਾਂ ਨੂੰ ਨਾਲੰਦਾ ਅਤੇ ਤਕਸ਼ਿਲਾ ਵਜੋਂ ਜਾਣਿਆ ਜਾਂਦਾ ਸੀ, ਦੇ ਸੁਨਿਹਰੀ ਦਿਨਾਂ ਵਿੱਚ ਵਾਪਸ ਆਉਣਾ ਅਤੇ ਉਨ੍ਹਾਂ ਬੁਨਿਆਦਾਂ ਉੱਤੇ ਨਿਰਮਾਣ ਕਰਨਾ ਹੈ। ਮੈਂ ਨਵੇਂ ਕੋਰਸ ਸ਼ੁਰੂ ਕਰਨਾ ਚਾਹੁੰਦਾ ਹਾਂ ਜੋ ਵਿਦੇਸ਼ੀ ਸੰਸਥਾਵਾਂ ਦੁਆਰਾ ਪੇਸ਼ ਕੀਤੇ ਜਾਂਦੇ ਕੋਰਸਾਂ ਦੇ ਬਰਾਬਰ ਹਨ। ਮੈਂ ਕੋਰਸ ਦੇ ਕੰਮ ਦੇ ਨਾਲ-ਨਾਲ ਕੋਰਸ ਦੀ ਬਣਤਰ ਨੂੰ ਮੁੜ ਡਿਜ਼ਾਈਨ ਕਰਨਾ ਚਾਹਾਂਗਾ ਤਾਂ ਜੋ ਹੁਨਰ ਵਿੱਚ ਵਾਧਾ ਹੋ ਸਕੇ।

ਸਾਨੂੰ ਉੱਤਮਤਾ ਲਈ ਕੋਸ਼ਿਸ਼ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ। ਅਸੀਂ ਹਰ ਖੇਤਰ ਵਿੱਚ ਪਹਿਲੇ ਨੰਬਰ ਤੇ ਨਹੀਂ ਹੋ ਸਕਦੇ। ਉੱਤਮਤਾ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ, ਸਾਨੂੰ ਪਹਿਲਾਂ ਆਪਣੀਆਂ ਸ਼ਕਤੀਆਂ ਨੂੰ ਪਛਾਣਨਾ ਚਾਹੀਦਾ ਹੈ। ਸਾਨੂੰ ਵੱਖ-ਵੱਖ ਖੇਤਰਾਂ ਵਿੱਚ ਗੁਣਵੱਤਾ ਵਿੱਚ ਸੁਧਾਰ ਕਰਨ ਦੀ ਲੋੜ ਹੈ। ਵਿਦਿਅਕ ਅਦਾਰਿਆਂ ਵਿੱਚ ਪ੍ਰਸ਼ਾਸਨਿਕ ਅਤੇ ਕੰਮਕਾਜੀ ਹਾਲਾਤਾਂ ਵਿੱਚ ਸੁਧਾਰ ਕੀਤਾ ਜਾਣਾ ਚਾਹੀਦਾ ਹੈ। ਅਕਾਦਮਿਕ ਖੇਤਰ ਵਿੱਚ ਸੁਧਾਰ ਜ਼ਰੂਰੀ ਹਨ। ਮੈਂ ਪੇਂਡੂ, ਪਛੜੇ, ਗਰੀਬ ਅਤੇ ਲੜਕੀਆਂ ਦੀ ਸਿੱਖਿਆ 'ਤੇ ਧਿਆਨ ਕੇਂਦਰਿਤ ਕਰਦੇ ਹੋਏ ਪੰਜਾਬ ਦੇ ਵਾਤਾਵਰਣ ਨੂੰ ਬਹਾਲ ਕਰਨ ਤੇ ਕੰਮ ਕਰ ਰਿਹਾ ਹਾਂ।

ਮੈਂ ਉੱਚ ਸਿੱਖਿਆ ਸੰਸਥਾਵਾਂ ਤੋਂ ਅਕਾਦਮਿਕ ਸੱਭਿਆਚਾਰ ਨੂੰ ਸੁਧਾਰਨ ਦੀ ਉਮੀਦ ਕਰਦਾ ਹਾਂ। ਮੈਂ ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ ਪਟਿਆਲਾ ਨਾਲ ਸੰਬੰਧਤ ਉੱਚ ਸਿੱਖਿਆ ਸੰਸਥਾਵਾਂ ਦਾ ਉੱਜਵਲ ਭਵਿੱਖ ਦੇਖ ਰਿਹਾ ਹਾਂ, ਅਤੇ ਸਾਡਾ ਟੀਚਾ ਅਕਾਦਮਿਕ ਉੱਤਮਤਾ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ, ਪੰਜਾਬ ਲਈ ਇੱਕ ਗਿਆਨ ਹੱਥ ਬਣਾਉਣਾ, ਉੱਚ ਹੁਨਰਮੰਦ ਅਤੇ ਪ੍ਰਤੀਬੱਧ ਗ੍ਰੈਜੂਏਟ ਪੈਦਾ ਕਰਨਾ ਹੋਵੇਗਾ ਜੋ ਆਲੋਚਨਾਤਮਕ ਸੋਚ, ਵਿਗਿਆਨਕ ਸੁਭਾਅ, ਮਨੁੱਖੀ, ਧਰਮ ਨਿਰਪੱਖ ਅਤੇ ਨੈਤਿਕ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਵਾਲੇ ਹੋਣ।

ਮੈਨੂੰ ਇਹ ਦੱਸ ਕੇ ਖੁਸ਼ੀ ਹੋ ਰਹੀ ਹੈ ਕਿ ਅਮਰ ਸ਼ਹੀਦ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੁਝਾਰ ਸਿੰਘ ਮੈਮੋਰੀਅਲ ਕਾਲਜ ਬੇਲਾ ਸਹੀ ਰਸਤੇ 'ਤੇ ਹੈ। ਬੇਲਾ ਕਾਲਜ ਨੂੰ ਸੁਭਕਾਮਨਾਵਾਂ।

ਪ੍ਰੋ. ਅਰਵਿੰਦ, ਵਾਈਸ ਚਾਂਸਲਰ ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ ਪਟਿਆਲਾ

**ਸਿੱਖਿਆ ਵਿੱਚ ਵਿਗਿਆਨਕ ਤੁਕਾਅ ਦੀ ਲੋੜ ਹੈ**

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CELEBRATION OF DAYS  
ACTIVITIES ORGANISED  
BY FACULTY



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# VISION IQAC BELA

Official Newsletter of ASBASJSM College, Bela Ropar Punjab

## MAKING SENSE OF COLLEGE ACCREDITATION

A newsletter is a simple and effective tool to pique your stakeholders' attention. This email offers information about Bela College events from January 1, 2021, to June 30, 2021. The NAAC Peer Team Visit is one of the highlights. During this time, the college gets reaccredited with a B++ grade. Green champion award was given to the college.

**Welcome to the fourth edition of the College newsletter "VISION IQAC BELA," which aims to highlight the activities and efforts of the college. I hope you find this edition informative, and please let me know if you have any suggestions for future issues.**

**Dr. Mamta Arora,**

## VISION OF BELA COLLEGE

**"To develop as a sustainable, affordable, excellent and role model institute of global benchmark to provide quality education, training, research, innovation and to inculcate core values and entrepreneurship to rural youth."**







## MESSAGE FROM PRINCIPAL

It's a matter of great pride and pleasure that the internal quality Assurance Cell of Bela College is bringing out newsletter "VISION IQAC BELA". I am quite confident that this issue will send a positive signal to all stakeholders.

A newsletter is like a mirror, reflecting a clear picture of all of our divisions. We are extremely proud to have won the ONE DISTRICT ONE GREEN CHAMPION AWARD. The College has made tremendous progress in all areas- academic, non academics, capacity building relevant to Teaching, Non-Teaching and students. The College has achieved another milestone in getting NAAC accreditation. I applaud all of the faculty members who performed admirably during Covid, and I am grateful to the managing committee for their support. My efforts will always be for the welfare of the college, as evidenced by this newsletter. Readers, best wishes.

Principal

Dr. Satwant Kaur Shahi

**".You can have great teachers, but if you don't have a good principal, you won't have a good Institute."**





## ONE WEEK PROGRAMME UNDER UBA

01 JANUARY-07 JANUARY, 2021

College adopted 5 villages since 2016. The Mission of Unnat Bharat Abhiyan is to enable higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth. It also aims to create a virtuous cycle between society and an inclusive academic system by providing knowledge and practices for emerging professions and to upgrade the capabilities of both the public and the private sectors in responding to the development needs of rural India.

**SLOGAN OF  
UBA**  
"To foster a new  
dialogue within  
the larger  
community on  
science, society  
and the  
environment  
and to develop  
a sense of  
dignity and  
collective  
destiny."



The Department of Humanities organized International Mothers Language Day. The main aim was to promote linguistic and cultural diversity and multilingualism. It also aimed to preserve and develop culture and to promote it all across the world. It helped students to get more acquaintance of their mother tongue. It underlined component of one's culture and identity because every effort should be made to protect the linguistic diversity.

BRIGHAM YOUNG





## CELEBRATION OF LOHRI DEDICATED TO FARMERS STRUGGLE

13 JANUARY, 2021

Lohri is a traditional winter folk festival celebrated in India by people specifically in the North zone. It is a festival of joy that commemorates the passing of the Winter Solstice and looks forward to longer days as the sun journeys towards the northern hemisphere.

Lohri is primarily celebrated in the Punjab region of the Indian subcontinent by Sikhs and Hindus. Each year, the festival is observed on the night before Makar Sankranti.

"Strive not to be a success, but rather to be of value."

EINSTEIN



First Aid Society conducted an interactive session about the first aid society and its various activities. The classroom interaction has important role in the teaching and learning process which runs smoothly and it can increase learners' communicative power. By using classroom interaction, the students became more active in the learning process.

English Association "Inspired Roots" organized a seminar on Soft Skills. The purpose of this seminar was to improve the skills and talent of the students related to the art of speaking in public. It enabled the students to test and demonstrate their fluency in English. It aided in promoting the reading, writing and speaking skills of the students. It improved students' communication skills and personality development and prepared them to take part effectively in various selection procedures adopted by the recruiter.



## WORKSHOP ON YOGA

18 JANUARY, 2021

The department of Health and Physical Education of ASBASJSM College, Bela conducted a workshop on yoga. Chief Guest International Yoga Teacher Suchint Kaur Sodhi discussed the benefits of yoga with the students and shared the methods of adopting nutritious diet for purification of the body.

Yoga is a group of physical, mental, and spiritual practices or disciplines that originated in ancient India, aimed at controlling and stilling the mind, and recognizing the detached 'witness-consciousness' as untouched by the activities of the mind and mundane suffering.



"Yoga does not just change the way we see things, it transforms the person who sees"

The Department of Management Studies organized a seminar on "Emerging Issues of Business Ethics." The participants were engaged in the discussion of an academic subject for the aim of gaining a better insight into the subject. It provided a chance to students to interact with experts from the specific field.

The Department of Management Studies organised a Seminar on "Rise of Entrepreneur." The theme of this seminar was to how to become a successful entrepreneur. The students understood the nature of entrepreneurship, the function of the entrepreneur in the successful, commercial application of innovations. The students were able to identify their personal attributes that enabled best use of entrepreneurial opportunities. The students were given chance to explore entrepreneurial leadership and management style.





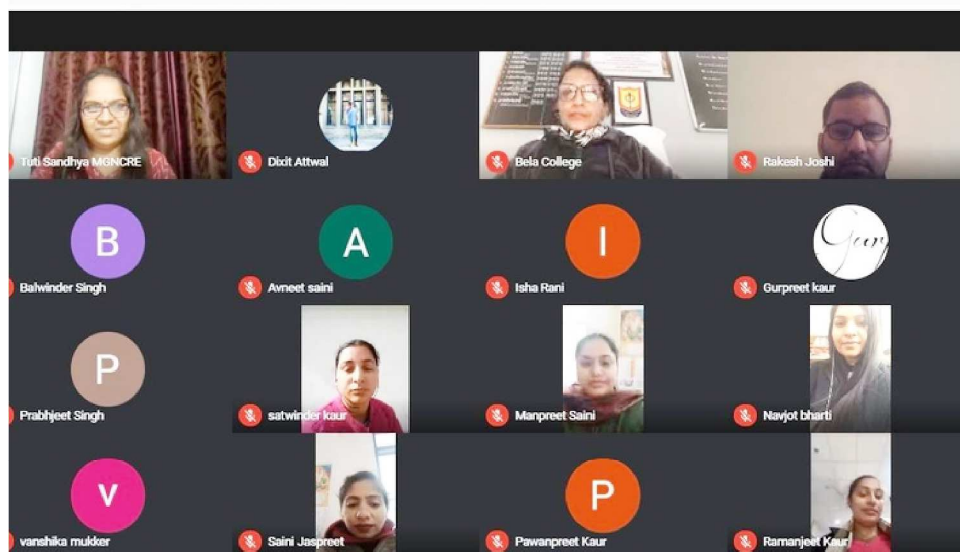
## WORKSHOP CONDUCTED BY MAHATAMA GANDHI NATIONAL COUNCIL OF RURAL EDUCATION

21 JANUARY, 2021

One day online workshop was conducted by the MGNCRE, MHE. Keynote speaker Madam Tutti Sandhya from the ministry of higher education discussed in detail the social enterprises and challenges of Swachhta Action Plan. Swachhta has been recognized and accorded top priority by the government of India. Hygiene and hygienic practices in life are critical for health not only to improve a living environment but also to elevate our thinking to a more pure and healthy state. A huge population base and varying education and awareness levels do not promote a secure hygienic environment and hence this is a major challenge. Lack of hygiene in habits negatively impacts the country's progress to global benchmarks in all spheres and also impacts the working population.

## "Green college, Clean College, My Dream College"

The Department of Physical Sciences organized a lecture on Mission, Vision and program outcomes of B.Sc. and B. Voc. (RET). The vision of the college was discussed that is to develop as a sustainable, affordable, excellent and role model institute of Global benchmark to provide quality education, training, research, innovation and to inculcate core values and entrepreneurship to rural students.



The Department of Mathematics organised a quiz competition on "Pure Mathematics" to enhance the confidence of the students. It put to test one's ability to think on the spot and also their spontaneity. It developed confidence not only in thinking but also in voicing the creative ideas of the students with precision. The event had a great learning experience for the students as they learned to express their views and opinions spontaneously.



## 47TH FOUNDATION DAY

6 FEBRUARY, 2021

ASBASJSM College celebrated its 47th foundation day with great pomp. On this occasion Bhog of Shri Akhand Sahib was offered and unbroken langer was distributed.

Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela, Ropar came into existence in the memory of Sahibzada Ajit Singh and Jujhar Singh, the elder sons & the true disciples of Guru Gobind Singh, who laid their lives fighting the cause of religion, peace and independence at their tender age.

The college was inaugurated by the then chief-minister Mr. Giani Zail Singh on 6th February, 1975. The history of this college is very inimitable. The fort of S. Hardyal Singh Bela, the Sardar of Manauli, who belongs to the kin of Nawab Kapoor Singh, was rehabilitated first into school and then into college. S. Hardyal Singh ji was a very religious-minded person who had also constructed the gurudwara Katalgarh Sahib at Chamkaur Sahib in the memory of the Sahibzadas Baba Ajit Singh and Baba Jujhar Singh.



Science Association of Department of Physical Sciences organized an online activity on "World Health Day" under the theme "Feed the Birds before Breakfast" for students. The main objective of organizing this activity was to sensitize the students towards Nature

Our college  
is the most  
inspiring  
place for us  
to learn and  
grow. To all  
the founders  
and teachers,  
we wish a

very Happy  
Foundation  
Day. Without  
you all, our  
college would  
have been so  
incomplete.





## CELEBRATION OF ROAD SAFETY MONTH

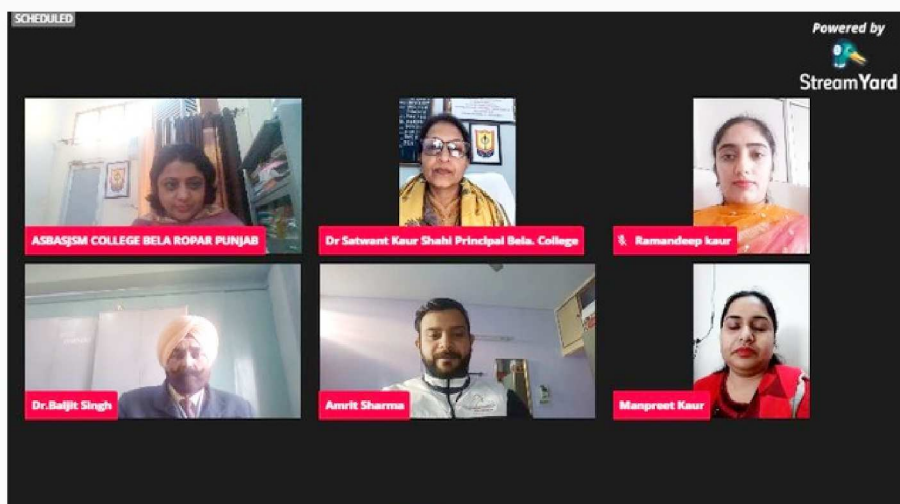
Different activities such as online lectures, quizzes, poster competition, lectures from administration (ASI Ropar Sukhdev Singh) as well as workshops were conducted by Hero Honda (Amrita Sharma Training Officer) from which 335 students took advantage of.

Road safety continues to be a major developmental issue, a public health concern and a leading cause of death and injury across the world, killing more than 1.35 million globally. Road accidents continue to be a leading cause of death, disabilities and hospitalization in India despite concerted efforts by the government, India Auto Inc as well as apex industry bodies SIAM and ACMA.

# Alert Today, Alive Tomorrow

### Resume Writing Competition 25-02-2021

Resume writing requires skill and dexterity and all must know the dos and don'ts of the same. To give our students a sneak peek into the art of creating a meaningful and good resume a competition was organized. The event was held in Lab 3 at 1PM. 48 students participated in the Resume Writing Competition.. All the students participated with great zeal and Mandeep Kaur won the Competition



### WORKSHOP ON DATA FORMATTING 24-02-2021

A workshop on Data formatting using MS-WORD in department of Computer Science was conducted to enhance the understanding of different functions of MS-WORD among the students. MS WORD includes several formatting tools to make text appear how the user wants.. In this activity 54 students involved. They learnt the importance of using consistent, clear data formatting, how to create and edit documents, the use of MS-WORD styles and templates to simplify formatting.



## CELEBRATION OF INTERNATIONAL MOTHER LANGUAGE DAY

"The theme of the Day this year, "Fostering multilingualism for inclusion in education and society", thus encourages us to support multilingualism and the use of mother tongues, both at school and in everyday life. This is essential, because when 40% of the world's inhabitants do not have access to education in the language they speak or understand best, it hinders their learning, as well as their access to heritage and cultural expressions. This year, special attention is being paid to multilingual education from early childhood, so that for children, their mother tongue is always an asset."

— Audrey Azoulay, Director-General of UNESCO, on the occasion of International Mother Language Day

ASBASJSM College Bela celebrated this day under the theme "We must respect the mother tongue" and honoured the participants.

"I am always sorry when any language los, because languages are pedigrees ot nations."



Computer Science Department organized a competition of collage making on the theme of "save Environment" during "Tech. Fest". Students had participated in this competition with great interest. Students made collage on various issues for environment preservation. A.P. Rupinder Kaur and A.P. Rajinder Kaur were judge for this event, Rajinder Kaur from B.C.A (SEM-VI) bagged first position. The purpose of this was to motivate the students for protection of the environment.

### Poster Presentation on ICT Tools 23-02-2021

With the theme of " ICT tools" a Poster Presentation Competition under the Departmental Tech. Fest was organised. Winner of the Poster Presentation was Sudha a student of B.Sc (CS) 2ND . The Winners were awarded with the certificates and trophies. The Objective behind conducting this competition was to create artistic skill of the students.



## WORKSHOP ON STRESS MANAGEMENT

23 FEBRUARY, 2021

One week workshop was organized to reduce stress at ASBASJSM College, Bela. On this occasion Suchit Kaur Sodhi (Round Glass Foundation) participated as keynote speaker. She made the students practice effective stress management techniques. The corona virus disease-19 (COVID-19) pandemic has affected individuals of all categories, irrespective of their geographical locations, professions, gender, or race. As a result of full or partial lock-down and stay-at-home orders, the well-being and productivity of individuals were severely affected. Since basic science research requires laboratory experiments, the work-from-home strategy hurt their productivity. In addition, the combination of decreased productivity and staying at home is likely to compromise their well-being by causing stress and anxiety.

"Stress management is life management. if you take control of your stress, your life will thank you for it."



### Awareness Programme on POs and COs 29-01-2021

Commerce department conducted a programme to aware students about outcomes. In this programme total 45 students participated.

This programme was chalked out to enable the students to understand the Programme outcomes and course outcomes of B.

Com and M. Com. It is pertinent that the students must have knowledge about their course and its desired outcomes as this can help them to frame their ideas and achieve their targets.

### Workshop on Vision and Mission of College and Department 25-01-2021

This workshop was attended by total 52 students of Commerce Department. The students learnt about the vision and mission of College and Department. AP Ishu Bala (HOD) was the Co-ordinator of this program. The main purpose of this workshop was to provide information about the vision and mission of the department of Commerce.



## CAMP BY POST OFFICE

3 MARCH, 2021

A camp of one day was organized by the post office. Principal of ASBASJSM College, Bela Dr. Satwant Kaur Shahi told that during this camp any person can inquire about the different schemes like Post Office Life Insurance (PLI), Rural Post office Life Insurance (RPLI), Sukanya Samridhi Account (SSA), Addhaar Update and other saving Schemes.

### Workshop on Budget Session

Department of Commerce has organized e workshop on 'Budget Session' on 3 Feb. 2021 in which total 629 students of B. Com and M.Com classes participated. This Budget Session is organized by AP Mandeep Kaur to provide latest information about the union budget presented by Finance Minister of India and to provide knowledge about the vision of Aatma Nirbhar Bharat in Union Budget 2021. The information about the various govt. schemes launched for the overall development of the country was also shared with the students.

"Life's most persistent and urgent question is, what are you doing for others"

### Commerce Exhibition 26 -02-2021

AP Amandeep Kaur and AP Ramandeep Kaur organized this activity in Commerce Department. In this exhibition two types of competitions were organized that is Poster making and working and non-working models. In poster making competition total 25 students and in model making 35 students of commerce department participated. The Judgement of this exhibition was given by AP Rakesh Joshi (HOD of Computer Department), Dr. Avni Vij (AP of Biotech Department), AP Gagandeep Kaur (HOD of English Department). Students of commerce department participated in this exhibition very enthusiastically.

### Seminar on Central Excise Day

24 -02-2021

This activity was organized online through Zoom on 24th Feb 2021. In this activity total 48 students had participated. The coordinator of this activity was AP Amandeep Kaur. The Guest lecture on Excise Day was given by Mr. Sameer Kakkar, Officer of Excise Department. This lecture helped the student to understand the Indirect Tax Structure. The objective of this lecture is to describe the existing indirect tax structure in India and difference between the previous tax system and GST.





## MEGA EXHIBITION

6 MARCH, 2021

ASBASJSM College, Bela hosted a 4 day Mega Exhibition of working models of Science, Biotechnology, Commerce, Food Processing, Solar Energy, History, Computer, Mathematics and Management. Exhibitions are a way for students to simply make their learning relevant and tangible by celebrating their knowledge, skills, and experience with a larger audience. Such programs not only offer students the positive reinforcement of their learning by reaching a larger audience, they require students to show that they can apply their skills and knowledge to real-world problems and situations.

"Learning is not the product of teaching, learning is the product of the activity of learners"







## 47TH ANNUAL SPORTS MEET

The annual sports meet of ASBASJSM College was organized in the sports ground of the college. The sports events included running of different distances, Disc Throw, Short Put, Long jump, triple Jump, tug of war, 3-leg race, spoon race etc. Skills like teamwork, leadership, patience, discipline, perseverance, learning from failure, Sportsmanship, etc are developed when we play sports regularly and these skills are equally important when it comes to studies and management. So, we can call sports a crucial thing when it comes to skill building. Chief Guest of the function was Manager, M.C., S. Sukhwinder Singh Whisky and prizes were distributed by President, M.C. S. Sangat Singh Longia and Secretary, M.C., S. Jagwinder Singh Pammi.

**"Sport is a  
preserver of  
health"**



### Quiz Competition

15-01-2021

In students 'life co-curricular activities plays an important and Crucial role in studies as well as social life. For this, biotechnology department has organized ' Biotechnology Quiz Competition'. Due to COVID-19 situation, online quiz competition was preferred in place of their physical presence. The Main aim was to create awareness and understanding regarding the future of students studying biotechnology and Scope in subsequent years. Students discussed the future aspects and career goals in the field of biotechnology and its allied fields like microbiology, biophysics and biochemistry





## NAAC PEER TEAM VISIT

17-18 MARCH, 2021

ASBASJSM College, Bela has been recognized by National Assessment and Accreditation Council (NAAC) for 5 years. Principal, Dr. Satwant Kaur Shahi informed that on 17th and 18th March 2021, the PR team had visited the college, which included Dr. Chawada, VC Sinhi Ji, Dr. Pratosh Bansal from Gujrat University, Dr. Sathyabama Kulathu from IET DAV Madhya Pradesh and Principal APC Mahalashmi from Women's College Tamilnadu. On this occasion Sangat Singh Longia (President, Managing Committee, Sukhwinder Singh Visky (Manager), Jaswinder Singh Pammi (Secretary) congratulated the principal, teaching and non-teaching staff. Principal Satwant Kaur Shahi informed that Bela College has made a place in B++. Dr. Mamta Arora coordinator NAAC, IQAC informed that the college has got full marks out of many online and offline questions and awarded 'A' grade in teaching learning process, Infrastructure and learning report and Institutional values and best practices.

"In order to succeed we must first believe that we can DO"





## SWACHHTA ACTION PLAN INSTITUTE

14 APRIL, 2021

Mahatma Gandhi National Council of Rural Education (Department of Higher Education), Ministry of Human Resource Development, Government of India has recognized Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela as a Swachhta Action Plan Institution. This is an initiative of the Ministry to promote hygiene practices. College Principal Dr. Satwant Kaur Shahi said that Bela College is one of the primary institutions which has got this honor. She elaborated on the major objectives of the Sanitation Action Plan and said that Bela College would further contribute to the Swachh Bharat campaign. On this occasion he administered oath to the members of Sanitation Cell under which each member would promote Sanitation for 100 hours besides administering oath to 100 other persons. In this way a series will be formed which will contribute to the sanitation mission of India. He said that any campaign can be well developed by the students in the society. Dr. Mamta Arora Convener SAP explained how we will stay focused on our goals and achieve high standards. We are evaluating the clean campus as well as policies for Covid-19, green environment, good health and wellness, hydropower campaign, energy, waste. Assistant Prof. Amarjit Singh shared in detail the activities of Jal Shakti Abhiyan. Assistant Prof. Sunita Rani sheds light on sanitation efforts. The members of all the cells analyzed the Sanitation Action Plan. The cell assured that Bella College would lead the sanitation initiatives and SAP Will continue to implement in the best way. On this occasion Dr. Harpreet Kaur, Assistant Prof. Taranjit Kaur, Assistant Prof. Gagandeep Kaur, Assistant Prof. Parminder Kaur and Miss. Smriti was included.

"Cleanliness is indeed next to godliness"

### **Model Making competition on the occasion of Science Day**

28-02-2021

Students of Biotechnology & Food Processing through this activity, got an opportunity and a platform to exhibit and share their knowledge and passion for science. They were asked to show their creativity by preparing working or still models on the occasion of Science Day. Students prepared their models and sent the geo tagged pictures of the same on the provided email address and also submitted their models in the department on science Day. All the models were judged and best two models were selected.





## CELEBRATION OF WORLD EARTH DAY

ASBASJSM College celebrated World Earth Day. The theme of Earth Day 2021 was "Restore Our Earth". the theme of this year's Earth Day is 'Restore Our Earth'. "The global climate crisis is mounting on us. This is due to global warming, increasing pollution, deforestation, etc." Earth Day was celebrated like a wave at Bela College. Environmental literacy, regenerative farming, sanitation and hygiene, climate literacy and yoga activities were conducted offline and online. The love and respect of the students for their home was highly commendable. Simrandeep Kaur and Arshdeep Singh (BA-1) of the Humanities Department gave the message to take care of the earth by painting rock. Gurpreet Kaur (BCA-1) and Manpreet Kaur (BCA-1) of Computer Department performed well in quotation competitions. Khushpreet and Komalpreet Kaur (B.Sc Non Medical-3) Parminder Kaur (B.Sc Non Medical-2) Pail Sharma (B.Com-2) of Commerce Department secured positions in Physical Sciences Department . Similarly the Department of Biotechnology conducted speech competitions and the Department of Management conducted quiz competitions. 540 students of the college took part in it. The college principal apprised the students about the importance of protection of the planet to future generations and appreciated their activities. Certificates were distributed to the winning students. On this occasion, Dr. Selesh Sharma, School Principal Amarjit Singh, Dr. Baljit Singh, Dr. Mamta Arora, Assis. Prof. Sunita Rani, Assis. Prof. Rakesh Joshi, Assis. Prof. Isu Bala and all the staff were present. The climate change and corona virus pandemic have reminded us of the harm we've caused. Thus, we must Restore Our Earth not just because we care about the natural world, but because we live on it.



Earth  
provides  
enough to  
satisfy  
everyone's  
need but not  
everyman's  
greed.

### Mehandi competition

08-03-2021

Mehandi competition was organised to celebrate International Women's Day by BTFP department. The main objective was to inculcate interest among students for extra co-curriculum activities. It acted as a stress buster for participants that they were facing during this covid pandemic situation



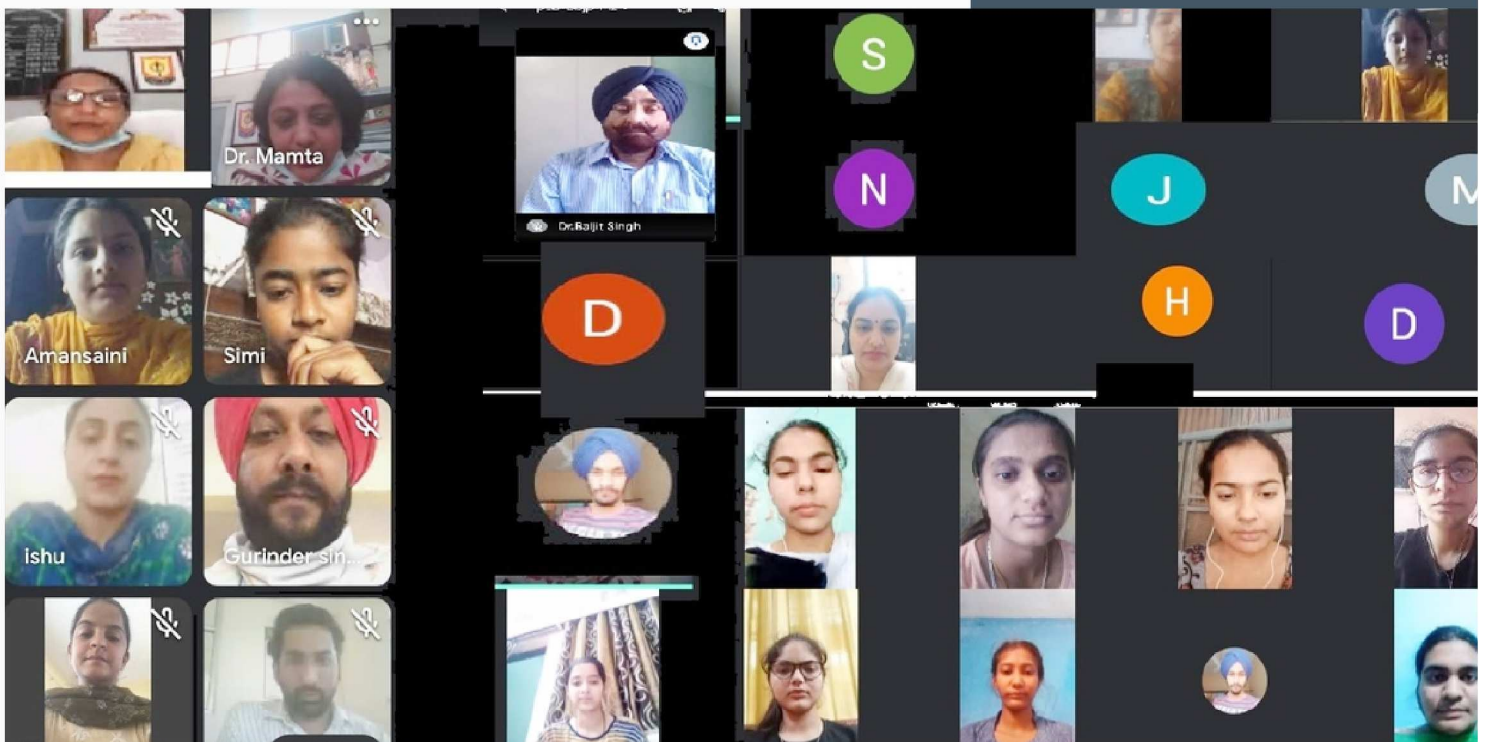
## CELEBRATION OF WORLD INTELLECTUAL PROPERTY DAY

26 APRIL, 2021

ASBASJSM College, Bela celebrated world IP Day.

World IPR day Principal Dr. Satwant Kaur Shahi said that every year on 26th April this day is celebrated as World Intellectual Property Day. She said that we celebrate this day to encourage innovation and creativity, so that the virtues of innovation can be found in the students. she said that in the present age intellectual property rights play an important role in the trade of every country and innovation is considered as the key to the progress of any country. She also shared her views on intellectual property rights with the students on the occasion and B.Sc. Students shared their feedback. Dr. Mamta Arora, Convener IPR cell, aware students about patents, trademarks, copyrights and designs. On this occasion, IPR Cell members Assis.Prof. Isu Bala, Assis.Prof. Manpreet Kaur, Assist. Prof. Love Singla, Assis.Pro. Gurinder Singh, Assis.Prof. Neha Chauhan came face to face with the students.

"Intellectual property rights promote a creative and prosperous economy."







## ONE DISTRICT ONE GREEN CHAMPION AWARD

26 APRIL, 2021

ASBASJSM College, Bela has been honored with “One District One Green Champion” award by the ministry of education, Department of Higher Education, GOI.

The awards, given to only one institution per district, were announced on the occasion of Earth Day. About 1,000 higher educational institutions participated in the Mahatma Gandhi National Council of Rural Education, ‘One District One Green Champion’ awards under Swachhta Action Plan 2020-2021 which is a Swachha Bharat initiative of the Prime Minister. The college has carved out a niche as the Green Champion of the Ropar district. Principal Dr. Satwant Kaur Shahi said that Mahatma Gandhi National Council of Rural Education had sent Sanitation and Water Power Assessment Sheet which had to be submitted online by April 20. The college has been working day and night for the Green Champion Award by forming committees continuously since August, 2020 as per the guidelines of the government. It is a matter of great pride for him. College Management Committee President S. Sangat Singh Longia, Manager Sukhwinder Singh Whiskey, Secretary Sharing his happiness, Jagwinder Singh Pammi said that hygiene can be developed only in educational institutions. He said that Bella College has not only created awareness among the students of Science, Commerce and Humanities but has also left its mark on the entire country. He is a member of the MGNCRE of the Government of India. He said that forward thinking of converting clean campuses into green campuses would make our future generations more environment friendly. Dr. Mamta Arora, Convener of SAP said that the college had submitted a 379 page report to the education department which covered various criteria such as clean campus, waste management, green environment, solar energy management, rainfall. Water use, water power campaigns were included. College Principal Dr. Satwant Kaur Shahi said that with the initiative of the Department of Higher Education, the sanitation mission in its institutions has come a long way. We will continue to set up different practices in the future as well. On this occasion SAP member Dr. Baljit Singh, Assistant Prof. Sunita Rani, Assistant Prof. Amarjit Singh, Dr. Harpreet Kaur, Assistant Prof. Taranjit Kaur, Assistant Prof. Gagandeep Kaur, Assistant Prof. Parminder Kaur, Assistant Prof. Iqbal Singh, Miss. Smriti, Assistant Prof. Ramandeep Kaur.

"Green is the prime colour of the world, and that from which its loveliness arises"





## CELEBRATION OF GURUPURAV OF GURU TEG BAHADUR JI

1 MAY, 2021

ASBASJSM College celebrated 400th prakash parav of Guru Teg Bahadur Ji. Shri Guru Tegh Bahadur Ji, (April 1st 1621 — November 11th 1675) the ninth of the ten Gurus of Sikhs, is known by Hindus as 'Hind-Di-Chadar'. A poet, a thinker and a warrior, Guru Tegh Bahadur Ji promoted the revelation of the purity and divinity of Sri Guru Nanak Dev and his later Sikh Gurus. Sikh Gurus inspired us in an era that was perhaps the most challenging phase of our history. Sikhism represents a tradition which makes every Indian proud. No one can forget the contributions of the Sikh Gurus and their selfless sacrifices to strengthen the unity among different communities. So, Sikh gurus are generally respected not only by Sikhs, but also by people of all faiths. A discussion dedicated to Guru Tegh Bahadur Sahib Ji was held. Disclosing this here today Dr. Satwant Kaur Shahi said that in this discussion heads of various departments participated and learned about teachings of Shri Guru Tegh Bahadur Ji. She also stated that the incomparable martyrdom of Guru Tegh Bahadur Ji holds a great place in the whole of India, because of their sacrifice they are called as 'Hind Di Chadar'. Therefore, it is very important to convey the message of national unity to the present generation. With this in mind, various programs were organised at Bela College to enlighten the youth on various aspects of Guru's life and philosophy. On this occasion the Post Graduate Punjabi Department conducted poster competitions based on the life of Guru Ji as well as poetry recitation competitions. Certificates were awarded to the winner students. The Department also conducted painting competitions in which 127 students participated. Dr. Baljit Singh, Dr. Mamta Arora, Assis.Prof. Sunita Rani, Dr. Harpreet Kaur, Assist. Prof. Rakesh Joshi, Assis. Prof. Issue Bala, Assis. Prof. Parminder Kaur, Assist. Prof. Gurlal Singh graced the occasion.



"True  
realisation of  
the actual  
nature of this  
material  
world, its  
perishable,  
transitory,  
and illusory  
aspects best  
dawns on a  
person in  
suffering"

SHRI GURU TEG  
BAHADUR JI



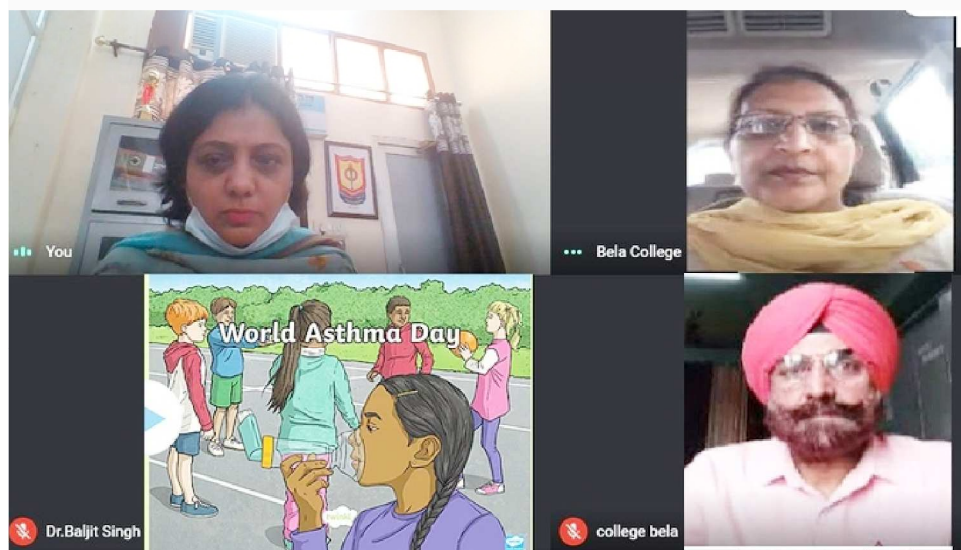


## CELEBRATION OF WORLD ASTHMA DAY

4 MAY, 2021

Bela College celebrated World Asthma Day. This year's World Asthma Day theme is "Uncovering Asthma Misconceptions". The theme provides a call to action to address common widely held myths and misconceptions concerning asthma that prevent persons with asthma from enjoying optimal benefit from the major advances in the management of this condition.

"You don't always need to achieve great things. Sometimes, breathing is a huge accomplishment too."



### Poster Making competition ON BETI BACHAO, BETI PADAU

. Female foeticides are a curse upon our nation which hinders our development. This illegal practice has affected the scale of population. A number of measures had already be taken to put an end to female foeticides like public awareness through media, campaign such as Beti Bachao Beti Padhao. A little change in our mindset is all what needed to welcome the daughters and give them equal space in society. Poster making competition was organized by under the guidance of Prof. Manpreet Kaur in the department of Biotechnology and Food Processing to encourage students to participate in it. 65 students participated in the event.



## STUDENTS RECEIVED SCHOLARSHIP OF RS. 32 LAKH

7 MAY, 2021

Bella College students received scholarships of Rs. 32 lakhs

Thanks to the efforts of the managing committee and staff of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela, the students received scholarships of Rs. 32 lakhs under various schemes during this academic session. Sharing this information, the college principal Dr. Satwant Kaur Shahi informed that B. R. Ambedkar Post Matriculation Scheme, 294 students of the College have so far received Rs. 27,72,784 as scholarships during this session. Apart from this, the managing committee of Bela College has given Scholarships of 19 types of commemorative scholarships to the students every year. Saini Charitable Trust Ropar has given scholarships of Rs. 99,000 to 16 students. Similarly students received scholarships of Rs. 1,13,584 under NGOs, Charitable Trusts, Sita Ram Jindal Foundation, Minority Scholarships. She said that Bela College has just got very good grade from National Assessment and Accreditation Council (NAC). Government of India's MGNCRE Bela College has also received the 'One District, One Green Champion Award'. Bela College is committed to providing quality education to area students in Commerce, Arts, Biotechnology, Non-Medical, Computer, Math, Management, and B-Walk undergraduate and postgraduate courses. She said that online admission registration for the session has also started on the website of Bela College. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assis.Prof. Sunita Rani and all the staff were present.

"You have to dream before your dreams can come true"



### **National Handmade Day (Creative Out of Waste) 7th April, 2021**

National Handmade Day on the first Saturday in April recognizes all those who put forth their creative talents into gifts warming the heart and leaving us awed. It is celebrated to cherish the art of making hand made goods such as beauty products, woodcraft, artwork, paper craft and many more. Handmade is supporting the local economy. The importance of this day was discussed and the students also made beautiful articles. 59 students of Biotechnology and Food Processing participated in this event.





## WORKSHOP ON MENTAL HEALTH "GUIDANCE FOR PSYCHOSOCIAL COUNSELLING FOR COVID-19 PATIENTS AND THEIR FAMILY MEMBERS

18 MAY, 2021

A Workshop on Guidance for Psychosocial Counseling during Covid-19 at Bela College was organised. Bela college started its weekly workshop on mental health during the Covid-19 epidemic by releasing a brochure. Giving this information, Principal Dr. Satwant Kaur Shahi said that according to the documents released by the Indian Council for Medical Research, Bela College has drawn up this program for its students. Many people have been directly or indirectly affected by mental illness during the Covid-19 epidemic. Corona patients and their family members are in dire need of counseling to get rid of serious mental health issues. At such times we should move away from superstitions and work according to the guidelines of the government and follow the rules of Covid-19. She also appealed to all the people to get Covid vaccination. SAP convener Dr. Mamata Arora said that the counseling was being conducted under the auspices of Mahatma Gandhi National Council of Rural Education as psychological support could only be provided by an experienced person and counselor. The coordinator of this program, Dr. Baljit Singh said that we must work together to overcome this epidemic and Bela College will continue to do its best for this. On this occasion, Dr. Selesh Sharma, Assistant.Prof. Sunita Rani, Assistant.Prof. Gurlal Singh, Assistant.Prof. Rakesh Joshi, Assistant.Prof. Issue Bala, Assistant.Prof. Pritpal Singh and Assistant.Prof. Amarjit Singh also shared their views.

"Mental  
health is not  
a  
destination,  
but a  
process, it is  
about how  
you drive,  
not where  
are you  
going"





## WORLD NO TOBACCO DAY

International No Tobacco Day was celebrated at ASBASJSM College, Bela. The theme for this year's World No Tobacco Day is "Commitment to Quit Tobacco". The Member States of the World Health Organization created World No Tobacco Day in 1987 to draw global attention to the tobacco epidemic and the preventable death and disease it causes. College released brochure and took pledge on this day.

**"What we need to burn on a daily basis are calories and not tobacco. Stay healthy and happy with no tobacco."**



## **Cooking competition on National Handmade Day 7/04/2021**

The BTFP department organized cooking competition in college as hosting a cooking competition is an innovative way to increase students' participation in work. Students had also put stalls of food in our college inviting many customers. It was well enjoyed by all.

The participants attracted many customers from our whole campus. Professor too encouraged them and showered their blessings on them. The cooking competition was organized by prof. Manpreet Kaur. 59 students of Biotechnology and Food Processing participated in the event.





## ONE MONTH YOGA PROGRAM FOR FACULTY

1 MAY-28 MAY,2021

A month long yoga program for the faculty at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela was successfully completed. This program was organized from 1st May to 28th May with offline and online method. The importance of yoga sessions has increased during Covid. Even before this Bela College has conducted many programs on positive health of students. During Covid-19, the program was conducted to reduce the stress level of the teachers, improve their health, improve their sense of balance, improve concentration as well as spiritual fitness. Program Coordinator Assistant Prof. Amarjit Singh said that 51 teachers were involved in this program both online and offline. The one-month program to address stress and anxiety has been highly commendable as the work, employment, business and economic environment have been severely affected by the global lockout. Satwant Kaur Shahi thanked the Round Glass Foundation and Madam Suchint Kaur for their efforts in making this event a success. On this occasion Dr. Baljit Singh, Dr. Mamta Arora, Assistant Prof. All the staff including Sunita Rani were present.



“Yoga is a mirror to look at ourselves from within”

### COVID19 campaign

12-04-2021

In order to create awareness regarding the risk of COVID -19 infection susceptibility and its prevention, posters were pasted at various areas in the college campus under supervision of Dr. Avni AP Biotechnology. The posters were pasted on the walls where people can easily notice and read while crossing and follow the instructions related to COVID-19 prevention and care. All the student representatives and student volunteers helped in executing the pasting of posters in the college campus. The activity created awareness among the students and employees of the institution regarding the risk of COVID19 susceptibility





## WORLD ENVIRONMENT DAY

5 JUNE, 2021

College celebrated World Environment Day. The students gave the slogan "Come together and Respect the Environment" so that world does not crave for air, water and green environment. The theme of this year's World Environment Day is 'Reimagine, Recreate & Restore'. As the year 2021 marks the beginning of the United Nations Decade on Ecosystem Restoration. The United Nations designated June 5 to be observed as World Environment Day after a call for saving the environment from possible damage due to industrialization drew attention. The first World Environment Day was observed in 1974, giving a global platform for inspiring positive change in the environment.

**"Let's nurture the nature so that we can have a better future."**



### **Preparation of fermented food to enhance entrepreneurship skills 13-04-2021**

Food Processing students were motivated to prepare fermented food at their home and to create video during the preparation of their food items and asked to upload their final edited video on moodle. The objective of this practice is to inculcate culinary skills so that, in future, students can apply their skills and look forward to work as entrepreneur by initiating their own venture.





## 'EACH ONE REACH ONE' MISSION

The 'Each One One Reach One' mission was launched by the Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India.

The teachers and students of the College would contribute their share in providing information and emotional support to the people about the Covid-19 Pandemic under social service. The program will run for 20 days in which each teacher along with 5 volunteer students will provide their services for at least half an hour daily under this mission of the Department of Higher Education for information and awareness about Corona in the society and establish a series in the society so that Reach out to everyone around you. Under this five teams have been formed. The first team will provide information about ICUs, beds, ventilators, covid helpline numbers, covid test centers in the hospitals. The other team will work on the Vaccination Center, Blood, Oxygen availability. The third team will provide emotional support in which they will be given special training. The fourth team will work on health awareness, food availability, mask distribution. The fifth team will be ready to help in any way. The program was launched online by the Ministry of Government of India across India. In this online program, Dr. Satwant Kaur Shahi Principal and Dr. Mamta Arora (Coordinator) also participated. After the meeting, training was given to various teachers and performances were distributed.

“Hard times don't create heroes. It is during the hard times when the 'hero' within us is revealed.”

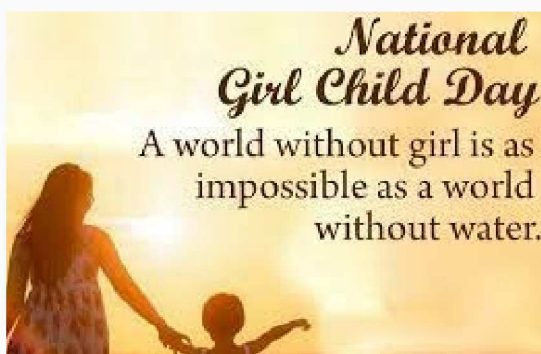




## CELEBRATION OF GIRL CHILD DAY

04 MARCH, 2021

The Department of Mathematics organized a Speech Competition on Girl Child's Day to lay emphasis on the importance of girl's education in society. The event had a great learning experience for the students as they learned to express their views and opinions spontaneously. They were judged on various criterions like content, body language, fluency etc.



"when you educate a girl, you educate nation"

## ORIENTATION SESSION OF FIRST YEAR STUDENTS

15 JANURAY, 2021

The Department of Physical Sciences organized an Orientation program for new students of first year to familiarize the students with the new environment of the college. It comforted the students in the anew environment. They came to know more about the college and the faculty member. The students came to know about their amiable seniors and teachers came to know about the personality of the students along with their talents.







## DOCUMENTARY ON RENEWABLE ENERGY RESOURCES

01 MARCH, 2021

Physical Sciences Department organized a Documentary on working and engineering of thermal power plant. The main aim of this activity was to know the difference between fact, fiction and opinion and to connect book world with real world. It also awoke the encouragement of renewable energy sources. Students were engaged in critical thinking regarding fieldwork as a responsible and theoretically sound mode of research that can be used effectively in a variety of settings and related directly to academic research in a variety of disciplines. Students connected their field-based experiences with appropriate archival sources



"A nation that  
can't control  
its energy  
resources,  
can't control  
its future."

## CELEBRATION OF WOMEN'S DAY

8 MARCH, 2021

With the motive to create a gender-equal world, the Department of Physical Sciences celebrated Women's Day among the students. It raised awareness about women's equality. It encouraged the students to express love and gratitude towards women's contribution to one's lives and society. Students were enlightened with importance of this valuable day and many important issues related to women were discussed along with their valuable solutions. The students vowed to give deserved respect to women in their lives.





## MEHANDI COMPETITION ON "CHEMISTRY"

27 APRIL, 2021

Science Association of Department of Physical Sciences organized a Mehendi competition on the theme of "Chemistry." Its main aim was to spread awareness among students of different chemical compositions. Students also gained experience in creative presentation through art. It aided in changing the thoughts of the society. Students explore the ways that put a message to the society. Students determined the different criterions for effective Mehendi representations

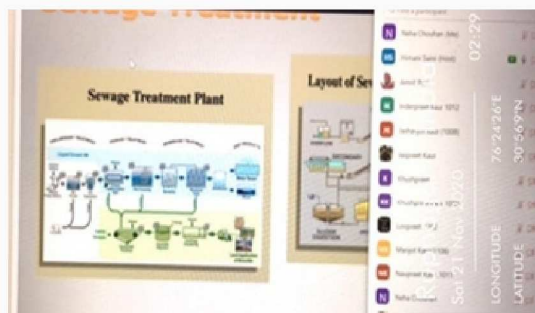


When you  
refuse to  
reuse, its the  
Earth you  
abuse

## AWARENESS DRIVE ON WASTE MANAGEMENT

12 APRIL, 2021

Science Association of Physical Sciences Department organized an awareness drive on Liquid Waste Management through an online Power Point Presentation which included the various sources of waste generation, different types of liquid waste and the harmful effects of different wastes on the human health and on environment. It also emphasized on the various rules and the guidelines issued by the Punjab pollution control board for the waste segregation. It created awareness among the students about the importance of waste segregation and the recycling of waste products. It promoted the reuse of different used waste liquid in domestic and industry. It sensitized the students about the minimization of waste production.







## LECTURE ON CAREER COUNSELLING

20 FEB., 2021

Career Counselling was rendered to students. There are a number of factors that influence student's career development, including their interests, abilities, values, personality, background, and circumstances. The goal of Career Counselling was not to only help students to make the decisions they need to make now, but to impart knowledge and skills required to make decisions. This activity helped students to understand the importance of aims and their attainment.

"Opportunities do not happen, you create them"



## WORKSHOP ON HPLC

4 MARCH, 2021

PG Department of Biotechnology organised workshop with WATERS, on different aspects of HPLC.. The workshop provided exposure to the advances in the field of HPLC to the experienced analyst and to beginners. It included both aspects i.e. basic and practical aspects. Wide coverage was given to fundamental concepts of laboratory operations in a lucid manner so that both the novice and expert can find the programme as a useful reference for the day-to-day laboratory operations.

## GUEST LECTURE ON WOMEN HEALTH & NUTRITION

8 MARCH, 2021

Department of Commerce organised guest lecture on Women Health & nutrition. Ms. Meenakshi kakkar (Associate Professor in college of Nursing DMC Hospital Ludhiana) graced the occasion as guest speaker. The theme of this event was "Women Health & Nutrition." This lecture was conducted to commemorate the struggle of women's right and to strengthen role of nutrition in women's health.



## WORLD WATER DAY

22 MARCH, 2021

Deptt. of Biotechnology observed World Water day. World Water Day is an international observance day. The intention is to inspire people around the world to learn more about water-related issues and to take action to make a difference. In 2020, due to the COVID-19 pandemic, there was an additional focus on hand washing and hygiene. Relevant issues include water scarcity, water pollution, inadequate water supply, lack of sanitation, and the impacts of climate change (which is the theme of World Water Day 2020). The day brings to light the inequality of access to wash services and the need to assure the human right to water and sanitation. An online lecture was delivered to raise awareness among the pupils..

**"Pure water is world's first and foremost medicine."**



**Students of Food processing evaluated by sector Skill Council FICSI**

## CELEBRATION OF HOLI

22 MARCH, 2021

Deptt. of Biotechnology celebrated Holi, which is the unique and colourful celebration of many myths, legends and deities associated with it. The festival of colours is very significant for our lives and body in various other ways than providing fun and the joy. Face Painting Competition was organised. It incorporated so much fun that Students felt a sense of togetherness and goodwill. This celebration made many of them to appreciate their strong connections with different cultures.





## WOMEN SENSITIZATION PROGRAM

01 APRIL, 2021

Deptt. of Biotechnology observed Menstrual Hygiene Day is an annual awareness day to help break the silence and build awareness about the fundamental role that good menstrual hygiene management and personal hygiene of women. To sensitize girls about importance of personal hygiene and to make them them about manifestation of problems arising nowadays such as PCOD as well as treatments and natural remedies related to it were discussed through online lecture

## AAROGYA SETU APP-COMMUNITY SERVICE

07 MAY, 2021

Deptt. of Biotechnology sensitized local people about installation and usage of Arrogya Setu App.



The health of mother and child is a more telling measure of a nation's state than economic indicators



## WORKSHOP ON BIOMEDICAL WASTE MANAGEMENT

20 MAY, 2021

Deptt. of Biotechnology organised a workshop on BMW. The main aim was to make students aware about the importance of proper disposal of biomedical waste and their side effects if not disposed properly. 'Bio-medical waste' means any waste, which is generated during the diagnosis, treatment or immunization of human beings or animals or in research activities or in production or testing of biological or in health camps. Biomedical Waste (Management) Rules, 2016 notified on March 28, 2016 by Ministry of Environment, Forest and Climate Change (MoEFCC), Government of India under Environmental Protection Act, 1986.



"I want to create a world where environment does not need protection."





## EVALUATION OF FOOD PROCESSING STUDENTS BY SECTOR SKILL COUNCIL

02 JULY, 2021

The ministry of Skills did the food Processing Assessment for the students of B.Voc Food Processing at ASBASJSM College. Principal Dr. Satwant Kaur Shahi informed that this course is going on in the college since 2014 as per the National Skill Qualification Framework. Department head Dr. Mamta Arora informed that 56 students were evaluated. On this occasion Dr. Baljeet Singh, AP Amarjit Singh, AP Pritpal Singh, AP Ravneet Kaur and AP Manpreet Kaur were present.

"I want to create a world where environment does not need protection."





## PROPECTUS RELEASED

02 JULY, 2021

The session 2021-22 prospectus of ASBASJSM College, Bela has been released by the college managing committee.. Releasing the prospectus, Principal Dr. Satwant Kaur Shahi said that in the prospectus, various PG and UG courses, computer, Science, Biotechnology, Commerce, Maths, Management, Humanities etc. are given.

S. Sangat Singh Longia (President), gave a detailed account of the professional account and skill courses offered in the college. Jagwinder Singh Pammi (Secretary) inspected the activities of various achievements of the college in 2020-21.

On this occasion principal Dr. Satwant Kaur Shahi, Senior VP of managing committee Harminder Singh Saini, VP Dr. Bhag Singh Bela, Joint Secretary Harinder Singh, Member Gian Singh Bela, Gurmeh Singh, Gurinder Singh, Director of Pharmacy College Sailesh Sharma, Principal of MSK School Amarjit Singh were present.

**“You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.”**







## FOOD PROCSEEING MANUALS RELEASED

13 JULY, 2021

TPresident of ASBASJSM College, Bela S. Sangat Singh Longia along with Jagwinder Singh (President), Sukhwinder Singh Visky (Manager) releases manuals of B.Voc Food Processing. Giving this information, principal Dr. Satwant Kaur Shahi said that the teachers of the college have been working hard for tha last three years to prepare them. Head of the department Dr. Mamta Arora said that under the supervision of 13 teachers together day and night, they have made a great effort for the students.

The author for these book, Dr. Mamta Arora, Balpreet Kaur, Manpreet Kaur, Dr. Parvinder Kaur, Priya Rana, Navreet Kaur, Love Singla, Jaspreet Kaur, Parveen Begum were greeted by the college managing committee.

"A book is a dream that you hold in your hand."





## VALUE ADDED COMPUTER COURSE

13 JULY, 2021

One month long free computer course was organized for the students by the computer department of ASBASJSM College, Bela. Principal Dr. Satwant Kaur said that Computer education plays an important role in the career of the students. Rakesh Joshi, Head of Computer department said that 376 students had registered for the course. Management Committee President S. Sangat Singh Longia, Secretar Jagwinder Singh Pammi, Manager Sukhwinder Singh Visky, Joint Secretary Harminder Singh and Member Gyan Singh congratulated the teachers and handed over certificates to the students. On this occasion Dr. Baljeet Singh, Dr. Mamta Arora, AP Taranjit Kaur, AP Iqbal Singh, AP Dinesh Kumar, AP Manpreet Kaur, AP Neetu Sharma and AP Harpreet KAur were present.

"Access to computers and the internet has become a basic need for education in our society"







## STUDENTS PASSED NCC CERTIFICATE

16 JULY, 2021

8 Students of ASBASJSM College, Bela have passed the 'C' certificate of 23 Punjab Battalion NCC. Sukhwinder Singh Visky, Manager College Managing Committee congratulated the cadets and motivated them to take part in the services of the nation.

Principal Dr. Satwant Kaur Shahi said that the UGC has ordered the students to take NCC as an elective subject in the college, under which students (girls and boys) of any course can take NCC. NCC Officer Pritpal Singh said that the ideal of NCC is unity and discipline, which Bela College is performing well. Our aim is to develop in the youth the qualities of courage, discipline, leadership, religion, fair attitude, spirit of sports and ideals of selfless services.

**"The NCC cadets are always ready to do their best over land, on the sea and in the air. Because they are the NCC cadets."**





## WEBINAR ON ATAM NIRBHAR BHARAT

22 JULY, 2021

ASBASJSM College has conducted several webinars on various topics. Principal Dr. Satwant Kaur Shahi said that one of these webinars was held with Inner Wheel Club Ropar in which Madam Thirij Parmar gave information about the activities and achievements of Inner Wheel Club during the discussion. Madam Vanita Gupta, Zonal coordinator and Madam Kulwinder Kaur President of the club explained the effect in detail. Dr. Rishth Aggarwal covered the psychiatric side of drugs. In the end Dr. Ramandeep Kaur thanked the guests, teachers and students connected online. Similarly, on the occasion of World Youth Skill Day, a webinar was organized on the contribution of skill to become Self Reliant India. On this occasion, Dr. Baljeet Singh, Dr. Mamta Arora, AP Sunita Rani, all the staff and students were present.

"The development of each one is the identity of a self reliant India "

## COMMUNITY SERVICE PROGRAMME

23 JULY, 2021

Bela College organised various community service programmes in adopted villages where faculty provided information and aware people about covid care and vaccination.







## BEST COLLEGE AWARD UNDER SAP

30 JULY, 2021

ASBASJSM College, Bela was honored with best college award under the clean action plan by DC Sonali Giri in the presence of AGC Sanjeev Sharma. This award was presented by the Ministry of Higher Education of Govt. of India under the Mahatma Gandhi National Council of Rural Education. Dr. Priyavrat Sharma, Resource person of the national workshop informed that out of 35 institutes of the state, Bela college received this best college award. Principal Dr. Satwant Kaur Shahi gave credit of this achievement to the teachers and the students of the college. Sharing the 379-page report submitted to the National Council, he gave information on various aspects, including best practices of the college,

"Swachhta Action Plan is a milestone initiative in mainstreaming Swachhta elements across all sectors of the Government in an elaborate, accountable, and sustained manner to realize the Swachh Bharat of Prime Minister's vision and Gandhiji's dream."







## LAUNCH OF HEALTHY PUNJAB CAMPAIGN

5 AUGUST, 2021

ASBASJSM College, Bela has started a yoga program for fitness in the villages adopted under the scheme called 'Unnat Bharat Abhiyan' under the "Healthy Punjab" movement. Principal Dr. Satwant Kaur Shahi said that this initiative has been successful due to the support of Round Glass Foundation. She also said that Bela College would continue to contribute more and more for a healthy Punjab. Under this program, the students will impart free yoga training in various villages.



"The Governor of Punjab is pleased to set up a Mission titled 'Tandarust Punjab' to make Punjab healthiest State with healthy people by taking care of its air quality, water quality, and safe food, ensuring a good living environment."







## CELEBRATION OF TEEJ FESTIVAL

14 AUGUST, , 2021

The festival of Teej was celebrated at ASBASJSM College, Bela. Principal Dr. Satwant Kaur Shahi said that the month of Shravan has special significance in Punjabi Culture. The festival of Teej is celebrated starting from the Teej of Chanan Paksha of the month of shravan till the full moon. At Bela College, teachers put swings in the shade and made a splash. Competitions like traditional Punjabi Jewellery, traditional games, applying mehandi etc. were organized.

"Teej is meant to celebrate the goals and achievement that make your life full of happiness."  
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## 75 INDEPENDENCE DAY CELEBRATION

15 AUGUST, 2021

Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bella celebrated the 75th Independence Day. Chief Guest, Secretary Organizing Committee Mr. Jagwinder Singh Pammi officiated the flag hoisting ceremony. Then everyone sang the national anthem together. Addressing the teachers and students, he congratulated the 75th Independence Day and also congratulated all the Olympians and competitors who won medals in the recently concluded Tokyo Olympics. Principal Dr. Satwant Kaur Shahi said that this day is dedicated to all those who gave their lives for the liberation of India and endured innumerable tortures. We pay our respects to these martyrs and offer flowers of devotion. At the moment, the NCC The students and the entire college were resounding with nationalist sentiments. The atmosphere of the college was inspiring love for the motherland. Lt. Pritpal Singh played the role of stage secretary very well. On this occasion a member of the managing committee Mr. Gurinder Singh, Dr. Selesh Sharma, Director, College of Pharmacy; All the staff of the three institutes including Amarjit Singh Principal School, Dr. Baljit Singh, Dr. Mamta Arora and Dr. Sandeep Kumar were present.

**"Let there be freedom in your mind and body, faith in your wards and pride in your soul. Let's salute our nation. I am proud to be Indian and wish all the Indians a Happy Independence Day."**







## GREEN RAKHI CELEBRATION

15 AUGUST, 2021

Green Rakhri Dedicated to the environment was celebrated at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College Bela. Principal Dr. Satwant Kaur Shahi said that this year this festival is being celebrated on 22nd August. This festival strengthens the bond between the brothers and sisters. She said that the Department of Higher Education S.G.N.C.R.E, as per the guidelines of the Government of India, the students of Bela College made Rakhri with their own hands and promised to protect the environment by tying the Rakhri around the trees. She also asked all the teachers and students to observe green Rakhri while protecting the environment. Recalling the 'Chipko Movement', she said that we need to be more environmentally conscious so that future generations can celebrate all the festivals with joy. Mamta Arora, Assis. Prof. Sunita Rani, Assis. Prof. Amarjit Singh, Assis. Prof. Himani Saini, Assis. Prof. Gagandeep Kaur, Assis. Prof. Rosie the Queen, Assis. Prof. Love Single and Assis. Prof. Navreet was present.

**"This 'Raksha Bandhan' make a green choice and sow the seed of love by opting for eco-friendly plantable rakhi as opposed to the traditional ones made from non-biodegradable materials like plastic."**







## 15th VACCINATION CAMP AT BELA COLLEGE

23 AUGUST, 2021

The 15th Vaccination Camp started at Bela College. Immortal Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela has organized the 15th Vaccination Camp for Covid-19 by the Health Department. Informing this, Principal Dr. Satwant Kaur Shahi informed that members of Health Department of Shri Chamkaur Sahib, Mr. Gurpreet Kaur, Community Health Officer, Lakhveer Singh, (MPHW), Upasana (MPHW), Usha Rani. (Asha Worker) is continuously providing services at Bela College. About 2200 first and second doses of Cova Shield and Covaccine have been administered in the college so far. She was accompanied by Sardar Sangat Singh Longia, President of the College Management Committee, Manager S. Sukhwinder Singh Whiskey and Secretary. He thanked Mr. Jagwinder Singh, under whose leadership Bella College has been serving the area and will continue to do so. AP Amarjit Singh, Dr. Mamta Arora and AP Sunita Rani were present.

"I'd much rather have a vaccine than have this virus."







## VAN MAHAUTSAV CELEBRATION

23 AUGUST, 2021

Celebrated Van Mahautsav Day at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela was celebrated by the Department of Forest and Wildlife Protection, Punjab. Lakhwinder Singh Bhura launched the tree planting campaign at Bela College and emphasized on planting as many trees as possible for a safer environment. College Principal Dr. Satwant Kaur Shahi said that this is the tree planting season in which planting campaign is being carried out all over the country as it is very important to save the environment and spread awareness about forest conservation. Fresh oxygen rich air is a precious gift of nature. The importance of this has been felt by all during the Covid period. India has set a target of capturing 2 billion cubic feet of carbon by 2030, which can only be achieved by taking care of the trees. Forest Divisional Officer Shri Chamkaur Sahib, S. Regarding the care of trees, Rajwant Singh said that only forest and vegetation can bring true happiness to our future generations. Mr. Sahib Singh Forest Block Officer Bella, S. Daljit Singh Forest Beat Incharge Bella, S. Jaspal Singh Kamalpur, Forest Beat Incharge also arranged for beautification and planting of medicinal plants in the college which includes various types of plants like Chandni, Shoe Flower, Kaner, Elostenia, Stevia, Arjun, Rose, Behra, Harar, Drop Chandni etc. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assistant Prof. Pritpal Singh was present.

"Cut the Greed, not the Greens."

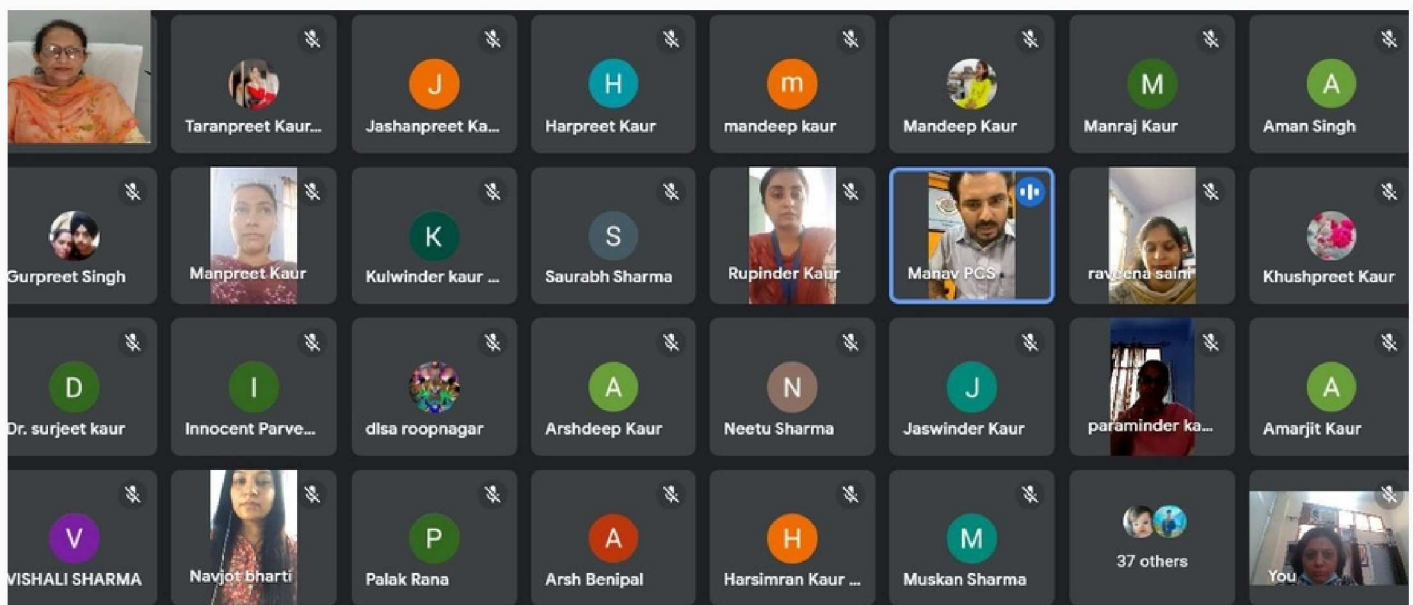




## WEBINAR BY DISTRICT LEGAL SERVICE AUTHORITY

One day webinar was conducted by Ropar District Legal Services Authority at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela. Giving this information, Principal Dr. Satwant Kaur Shahi said that Legal Services Authority was creating legal awareness through these webinars. Its main objectives are to settle disputes through Lok Adalat and conciliation. A series of Legal Awareness Program is being run to empower all the weaker sections of the society with legal knowledge. The keynote speaker of this program was Mr. Manav (PCS), Chief Judicial Magistrate and Secretary, District Legal Services Authority, Rupnagar. The keynote speaker elaborated on the rights of women and children, sharing examples and experiences. He also mentioned the various legal services provided for the purpose of empowering women. Assistant Professor Sunita Rani welcomed the guests. The convener of the program, Dr. Mamta Arora thanked everyone. About 100 teachers and students participated in the event. All members of the Internal Complaints Committee were set up to provide a safe environment for students at Bella College. Including Assis. Prof. Mandeep Kaur, Assis. Prof. Ramandeep Kaur, Assis. Prof. Parminder Kaur and Assis. Prof. Ramanjit Kaur made special contribution.

"Transparency is the first step towards accountability."







## TEACHERS DAY CELEBRATION

5 SEPTEMBER, 2021

Teacher's Day was celebrated on the birthday of Sarvapalli Radhakrishnan. On this occasion the President of the College Management Committee Mr. Sangat Singh Longia, Manager S. Sukhwinder Singh Whiskey, Secretary S. Jagwinder Singh Pammi, Managing Committee Member S. Gurmail Singh, S. Gurinder Singh PG College Principal Dr. Satwant Kaur Shahi, Principal of Pharmacy College Dr. Saleesh Sharma, Maharani Satinder Kaur Senior Secondary School Principal S. Amarjit Singh lighted the lamp and dedicated it specially to enhance the dignity of teachers. In her welcome address, Dr. Satwant Kaur Shahi called on the great scholar, philosopher, Vice President and other President of India. She Shed light on the life and achievements of Radhakrishnan ji. She discussed in detail the contribution of teachers in the unique achievements of the college in one year. The hard work of teaching and non-teaching staff during the Covid-19 epidemic was greatly appreciated. College Management Committee President S. Sangat Singh Longia wished all the best and said that teachers are role models who are nation builders. The teaching profession has more responsibilities than any other profession. Therefore, the development of people, society and country depends on good teachers. He encouraged the teachers to keep pace with the times. College Management Committee Manager Sukhwinder Singh Whiskey urged the future teachers that it is very important to improve the mental condition of the students so that the quality of education can be a source of inspiration for all. Thanks to their efforts, the teachers of all the institutions of Bela College were proud to have gathered in a grand ceremony. Secretary S. Jagwinder Singh Pammi said that politicians, doctors, engineers, scientists, businessmen etc. of the country are indebted to all the teachers. He said that all the teachers in Bela College lead the students like parents and show the way to a good career. Referring to the achievements of the college at the national level, Mr. Sharma said that today Bela College has a name in India. He thanked the members of the managing committee and the teachers for their commitment. Dr. Mamta Arora dedicated a poem to the teachers while performing. A cake cutting ceremony was held in honor of the teachers. Assistant Prof. Ramandeep Kaur and her team showcased the skills of all the teachers. The teachers presented flowers of devotion to Sarvapalli Radhakrishnan ji for which the teachers are getting this honor. About 170 teachers from the three institutes were present on the occasion.

"the influence  
of a good  
teacher can  
never be  
erased."





## NATIONAL NUTRITION WEEK CELEBRATION

National Nutrition Week was celebrated from 1st September to 8th September at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela to create awareness about good nutrition and health. College Principal Dr. Satwant Kaur Shahi said that food and nutrition is essential for overall physical and mental health. During Covid, it becomes even more important to spread awareness about healthy eating and nutrition. She said that Bela College has been celebrating Nutrition Week and Nutrition Month for many years. This year's theme is 'Smart Feeding from the beginning'. These included cooking from oil and fire, quiz competitions on nutrition, health checkups and videography. At present, the Department of Biotechnology is conducting PPT. During the swearing in ceremony, students were made aware of health and shared tips. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Dr. Avni Viz Assistant Prof. Sunita Rani, Assistant Prof. Parminder Kaur, Assistant Prof. Manpreet Kaur, Assistant Prof. Ramandeep Kaur, Assistant Prof. Love Singla etc.

"Good nutrition will prevent 95 percent of all diseases."





## CELEBRATION OF COMMERCE DAY

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Commerce Day was celebrated at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela. The theme was "Modern Trends in Commerce 2021". Poster making and quiz competitions were conducted on the occasion in which around 100 students participated. On this occasion the head of the department Ishu Bala apprised the students about various aspects of commerce including Digital India, Net Banking, Recent Trends in GST. And information on the tax structure. Pooja Kumari won first place, Kamalpreet Kaur second place and Amanpreet Kaur third place in the quiz competition and Kulbir Kaur first place in the poster making competition, Sandhya Vanshika Bhatt second place and Sahil Bhanot third place. On this occasion college principal Dr. Satwant Kaur Shahi congratulated the winning students and encouraged them to go ahead and participate in the competitions. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assistant Professor Gurlal Singh, Assistant Professor Rakesh Joshi, Assistant Professor Mandeep Kaur, Assistant Professor Ramandeep Kaur, Assistant Professor Gagandeep Kaur and Assistant Professor Nirpinder Kaur were present.

"Commerce changes the fate and genius of nations."





## SPECIAL GRANT BY CHIEF MINISTER

On behalf of the managing committee, principal, staff and students of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College Bela, Mr. Charanjit Singh Channi, Chief Minister of Punjab was cordially thanked for providing special grant to the College. The College Management Committee said that it was a great honor for the Hon'ble Chief Minister of Punjab to visit Bela College and to reward the college with a special grant. College Management Committee President S. Sangat Singh Longian, Secretary Jagwinder Singh Pammi, Manager Sukhwinder Singh Whiskey, S. Gian Singh Bela, S. Dr. Davinder Singh Jatana, Group Managing Committee Members Satwant Kaur Shahi, Principal PG College, Dr. Sailesh Sharma, Principal, College of Pharmacy were also present at the moment.

"We make a living by what we get, but we make a life by what we give"







## BELA COLLEGE STUDENT SELECTED FOR 'KHELO INDIA'

First year student Arshdeep Kaur of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, has been selected as a shooter under the Government of India's 'Khelo India' program 2021. Principal Dr. Satwant Kaur Shahi shared her happiness and said that Arshdeep Kaur has been selected in 10-meter air pistol trial. This selection trial of shooting Dr. Karni Singh Shooting Range was held on October 21-22 in New Delhi in which 16 out of 60 students at the national level have been selected for 'Khelo India' 2021 in which Arshdeep Kaur has secured ninth position with a score of 568. She said that these selected students would be nominated for the next Asian Games 2022 and they would be given all the free facilities by the government for their sports practice along with a stipend of Rs. 10,000 per month. College Managing Committee President Sangat Singh Longia, Secretary Jagwinder Singh, Manager Sukhwinder Singh Whiskey congratulated Arshdeep Kaur for this achievement and blessed her for her good performance in the upcoming games. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assistant Prof. Pritpal Singh, Assistant Prof. Amarjit Kaur and all the staff were present.



"Never buy gold, simply earn it."



## ENVIRONMENT CONSERVATION RALLY

Students of NSS of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College Bela under the direction of Punjabi University Patiala, AP Amarjit Singh participated in 'Environmental Conservation' awareness rally was held under the leadership of Sunita Rani. The rally was flagged off by Harpreet Kaur Jeevan District and Sessions Judge Rupnagar. The rally took place at different places in Bela and ended at the college. The students sensitized the people to keep the environment clean by not burning straw. College Principal Dr. Satwant Kaur Shahi while addressing the students, said that poor air quality leads to many times increase in respiratory diseases. Therefore, it is the duty of all of us to take care of our environment. On this occasion honorable Mr. Manav, Dr. Baljit Singh, Dr. Mamta Arora, Dr. Harpreet Kaur, Assistant Prof. Pritpal Singh & Dr. Avni Vij were present.

"Environment is no one's property to destroy; it's everyone's responsibility to protect.."







## Celebrated the 552nd Prakash Day of Shri Guru Nanak Dev Ji with devotion at Bela College

The 552nd Prakash Purab of Shri Guru Nanak Dev Ji was celebrated with great enthusiasm at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela. Giving this information, the college principal Dr. Satwant Kaur Shahi said that various activities were organized by various departments to shed light on the valuable teachings of Guru Nanak. She said that following the life and teachings of Guru Nanak Sahib, we should have the qualities of service to humanity, respect for parents, humbleness, patience and contentment, only then we can get the blessings of Guru Nanak Sahib. Therefore, through various activities, efforts were made by the teachers to connect the students with the teachings of Shri Guru Nanak Dev Ji. In which slogan competitions and speech competitions were conducted by the English department. The Bani was recited by the Department of Mathematics and Punjabi and the Mool Mantra was recited. About 120 students from different departments of the college participated in these competitions. Simrandeep Kaur BA-2, Arshdeep Singh BA-2, Gagandeep Kaur BSc Biotech-1, Gurbuneet Kaur BA-1, Nishpreet Kaur BA-2, students achieved. The role of adjudicator was played by Assistant Professor Sunita Rani and Dr. Harpreet Kaur. Sangat Singh Logia, Secretary Jagwinder Singh Pammi, Manager Sukhwinder Singh Whiskey congratulated the staff and students on this auspicious day and encouraged them to adhere to the values of patience, tolerance, honesty and solidarity. On this occasion, Dr. Mamta Arora, School Principal Amarjit Singh, Assistant Professor Gurlal Singh, Assistant Professor Gagandeep Kaur, Dr. Anakh Singh, Dr. Kuldeep Kaur, Dr. Surjit Kaur & Assistant Professor Harpreet Singh Bhiora were present.

"ਜੇ ਸਉ ਚੰਦਾ  
ਉਗਵਹਿ ਸੂਰਜ  
ਚੜਹਿ ਹਜਾਰ।  
ਏਤੇ ਚਾਨਣ  
ਹੋਦਿਆਂ ਗੁਰ  
ਬਿਨੁ ਘੋਰ  
ਅੰਧਾਰ॥  
"





## overall trophy in Punjabi University Patiala's inter-college wrestling competitions

The The wrestlers of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela have made the name of the college bright by winning the overall trophy in the inter-college freestyle wrestling competitions of Punjabi University Patiala. On this happy occasion, the college principal Dr. Satwant Kaur Shahi while congratulating the winners, said that in the inter-college freestyle competitions of Punjabi University Patiala, Karan Pathania (97 kg) and Gurjeet Singh (125 kg) won gold medals, Saif Ullah (79 kg) silver and Saddam Hussain (79 kg). Won bronze medal in 74 kg. In Greco-Roman wrestling, Gurjit Singh won silver in 97 kg, Pawandeep Rana in 77 kg and Jagwinder Singh in 87 kg won bronze medals. Under the guidance of Assistant Professor Pritpal Singh and Assistant Professor Amarjit Singh, Head of Physical Education Department of the College, the players have made the name of the College famous due to their excellent performance. On this occasion the President of the College Management Committee Mr. Sangat Singh Longia, Secretary Jagwinder Singh Pammi, Manager Sukhwinder Singh Whiskey honored the winners on this prestigious achievement and at the same time encouraged them to participate in the Games to the maximum so that they can achieve more in the future. Laddu was distributed among the students and staff on the occasion of this congratulation by the College Management Committee and the Principal. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assistant Professor Sunita Rani, Dr. All the staff including Harpreet Kaur, Assistant Professor Rakesh Joshi were present.

"The biggest risk in life is not taking one."







## Bela College players win Inter College Hockey Championship

The hockey team of Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela has written the name of the college in golden letters by winning the hockey championship in the inter-college competitions of Punjabi University Patiala. These competitions were conducted at Government Barjindra College, Faridkot on 21-23 November 2021. On this occasion the principal of the college Dr. Satwant Kaur Shahi said that the chief guest in the final match of the inter-college hockey competition was the Olympian of the Indian hockey team Rupinderpal Singh and Special Guest Olympian Mr. Chand Singh. The team of Bela College won the first match of the championship 7-1 against Malwa College Bathinda, the second match was won by Desh Bhagat College Dhuri 8-0, the third match was won by Government Mahindra College 5-0 and the fourth and Khalsa College Patiala made history by winning the final match 7-1. In the final match team captain Kanwaljit Singh scored 3 goals. On this occasion the chief guest Rupinderpal Singh called on Lt. Assistant Prof. Pritpal Singh was honored with a badge of honor. When the team reached the college, the president of the college management committee S. Sangat Singh Longia, Manager S. Sukhwinder Singh Whiskey, Secretary S. Jagwinder Singh Pammi, Principal Dr. Satwant Kaur Shahi distributed laddu in the college and welcomed the team by playing drums. Pritpal Singh and Assistant Prof. Congratulations to Amarjit Singh. On this occasion, Dr. Baljit Singh, Dr. Mamta Arora, Assistant Prof. Sunita Rani, Mr. Arshdeppal Singh, all the staff and students were present.

"Every day is  
a great day  
for Hockey."

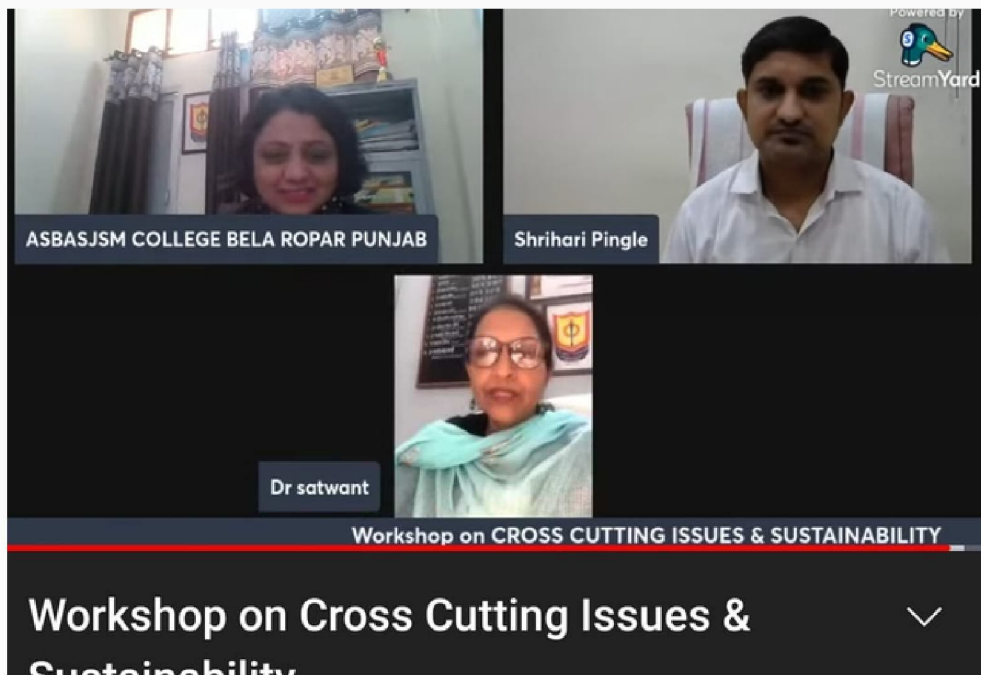




## WORKSHOP ON CURRENT ISSUES AND SUSTAINABILITY

Two-day training workshop was conducted at Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela. Giving this information, Principal Dr. Satwant Kaur Shahi said that keeping in view the demands of the time, a workshop was held at Bela College on 'Current Issues and Stability'. Its keynote speaker Dr. Srihari Ashok Pingale was from Maharashtra, who taught teachers and students on issues related to gender, environment and sustainability, human values and professional ethics in the institute's curriculum. He gave examples of how any educational institution can make a valuable contribution to the country by integrating cross-cutting issues. Students and teachers were given different goals to raise awareness of these cross-cutting issues, including understanding their environmental studies, assessment and vulnerability analysis, community development, health education, ethical values, social and economic problems, and possible solutions. Detailed identification reports will be submitted to the Internal Quality Insurance Cell. Resource person Dr. Mamata Arora said "Welcome" and highlighted the issue of stability in Punjab. Finally, Principal Dr. Satwant Kaur Shahi thanked the chief guest for the detailed information on current issues. Dr. Kuldeep Kaur, Dr. Anakh Singh and Dr. Nirpinder Kaur said that about 300 teachers and students benefited from this workshop. College Management Committee President S. Sangat Singh Longia, Secretary Jagwinder Singh Pammi and Manager S. Sukhwinder Singh Whiskey said that it is very important to conduct such programs for the development of the college. Head teachers and students of various departments were present on the occasion

"Reducing our levels of consumption will not be a sacrifice but a bonus if we simply redefine the meaning of the word 'success.'"







## BELA COLLEGE ARSHDEEP KAUR WON NATIONAL GOLD MEDAL

Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela's B.A. Part-I student Arshdeep Kaur won gold medal in 64th National Shooting Championship while playing for Punjab in 10m Air Pistol Mix Team. On this occasion Principal Dr. Satwant Kaur Shahi informed that the 64th National Shooting Championship Dr. Karni Singh Shooting Range (Delhi) in which Arshdeep Kaur, a student of the college playing with the Punjab team and along with her Arjun Singh Cheema defeated the Uttar Pradesh team and got the gold medal and wrote the name of Punjab and Bela College in golden letters. She said that "We have high hopes for Arshdeep in the future as well".



"If you believe in yourself and have dedication and pride – and never quit, you'll be a winner"



## GOLD MEDAL IN SHOOTING

Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bell's B.A. Part I student Arshdeep Kaur won gold medal in Punjabi University Inter-College 10m Pistol Shooting Competition. College Principal Dr. Satwant Kaur Shahi shared her happiness and said that these competitions were organized by Punjabi University on December 17, 18, 2021 at Markman Shooting Academy, Patiala. In these competitions Arshdeep Kaur scored 564 out of 600 and got gold medal. He said that this student of ours has already won a gold medal in the mixed team for representing Punjab in the national competitions. We are very proud of our students and have high hopes for the future. On this occasion the President of the College Management Committee Mr. Sangat Singh Longia, Secretary Jagwinder Singh, Manager Sukhwinder Singh Whiskey congratulated Arshdeep Kaur and blessed her to reach more heights.

"I have a goal in front of me and that is to achieve a gold medal in Olympics."



HAPPY THANKS GIVING  
FROM US TO YOU.